

Adaptive Activities

Register under
"Adaptive Recreation Activities"

Track Clinics

- Offered by Coach Harrington & Coach Samara
- Open to ages 8 and older
- (2) Sundays, 10am-12pm at PHS Track
- Clinic 1: Sunday, October 10
- Clinic 2: Sunday, October 24
- Fee: \$25.00 per clinic for Princeton Residents

Chair Fitness

- Program Instructor: Suzette Schmidt
- Open to ages 7-18
- Every Saturday for 6 weeks from 10/9-11/13
- 9:15am-10:15am outdoors in the Community Room at CP Pool
- Fee: \$50 for Princeton Residents

Rhythm Works Integrative Dance

- Program Instructor: Makenzie Scholer, Certified in Rhythm Works Integrative Dance
- Open to ages 2-12
- Four Sunday Sessions: 10/17, 11/7, 11/14, 11/21 outdoors in the Community Room at CP Pool
- Ages 2-6: 10:00am-10:45am
- Ages 7-12: 11:00am-11:45am
- Fee: \$15 per session for Princeton Residents

Updates

Other Programs at Capacity

- Chess Classes (2)
- Kids Running Fridays
- USSI Multi-Sports
- Adult Chair Fitness



RECREATION

Programs Coming Soon

- Platform Tennis- registration opens 10/4

Youth Programs

Basketball Clinics

- Clinic Director: Coach Clarence White
 - Open to grades 4-9; all clinics will take place at Grover Park
- Boys Basketball Clinic**
- Session 1: 10/5 & 10/7
 - Session 2: 10/19 & 10/21
- Girls Basketball Clinics**
- Session 1: 9/28 & 9/30
 - Session 2: 10/12 & 10/14
 - Fees: Princeton Residents- \$20 per session; Cranbury Residents & Non-Residents who attend school in Princeton- \$30 per session

Register under "2021 Fall Youth Sports Programs"

Princeton Empowerment Program

- Program Directors: Sharon Vunk & Lindsey Garriton
- Open to girls, grades 3-6
- Once a week, on Thursdays from 9/23-10/28, 4:15pm-5:30pm; class will take place outdoors in the Community Room at CP Pool
- Fees: Princeton Residents- \$45 Cranbury Residents, and Non-Residents that attend school in Princeton- \$90

Register under "2021 Fall Programs & Activities"

Mindfulness Program:

- Certified Mindfulness Instructor: Michelle Moorhead
- Open to grades 4-6 and 7-10
- Once a week, on Wednesdays from 9/22-11/3 (no class 9/29) outdoors in the Community Room at CP Pool
- Fee: \$80 for Princeton Residents

Register under "2021 Fall Programs & Activities"

register.communitypass.net/princeton

Financial Aid is available, contact recreation@princetonnj.gov

A message from Executive Director, Evan Moorhead

As we wrap-up another summer season, I'd like to offer thanks on behalf of the entire PRD Team to the thousands of patrons who chose to be a part of one or more of our programs. Whether by visiting CP Pool or one of our many parks or as a participant in one of the more than 25 programming opportunities we offered, we hope you enjoyed your recreation experience.

Although we were unable to offer our traditional Day Camp and Teen Travel Camps again this summer, with adversity came opportunity. We learned that being creative can be part of the solution. We were happy to offer many new and different opportunities this summer. Some of these programs were so popular, we will be offering them again in the fall!

In addition, we are excited to launch new adaptive programs for youth, teens and adults, to add to our expanded menu of fall options.

Looking ahead to the winter and some of our traditional programming such as basketball and squash, there is still much uncertainty as to whether we will have indoor space available to us. We hope to have some clarity in the coming weeks that we can share with everyone at the appropriate time.

Thank you.

More Information

For more information on all of our programs and for daily updates go to our website and follow us on social media.



RECREATION



princetonrecreation.com

[@princetonrecreation](https://www.facebook.com/princetonrecreation)



[@PrincetonRec](https://twitter.com/PrincetonRec)